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افعال بی قاعده	۱۸۷





# UNDERSTANDING PEOPLE

## Get Ready



▼ **interesting** /'intrəstɪŋ/ (adj)..... جالب توجه، دلپسند

☐ something that is interesting makes you want to know about it or take part in it

☑ *She's an interesting new writer.*

☑ *That brings up an interesting point that we haven't talked about yet.*

▼ **fact** /fækt/ (n)..... حقیقت، واقعیت

☐ 1. a piece of true information ..... حقیقت

☑ *They have simply attempted to state the facts.*

☐ 2. things that are true or that really happened, rather than things that are imaginary or not true ..... واقعیت

☑ *The story is based on historical fact.*



❑ **written** /'rɪtən/ (adj)..... نوشتاری

❑ something that is written involves writing and not speaking or drawing

📖 *written records*

❑ **holy** (adj) ..... مقدس

❑ important in a religion, or used in worship/blessed, gracious, hallowed...

📖 *the holy book of the Quran*

📖 *the holy city of Jerusalem*

❑ **available** (adj) ..... موجود- در دسترس

❑ 1. able to be obtained, taken, or used ..... موجود

📖 *The dish is made with ingredients available in most supermarkets.*

📖 *the best available equipment*


📖 *We'll notify you as soon as tickets become available*

❑ 2. not too busy to do something ..... در دسترس

📖 *I'm available next Tuesday if you want to meet then.*

❑ **to die** /daɪ/ (v)..... مردن

❑ 1. to stop being alive

 *My grandfather died at the age of 86.*


▼ **die of/from** ..... مردن بخاطر

 *She is dying of cancer.*

▼ **die with** ..... مردن با

 *I in 3 people over 65 will die with dementia.*

▼ **die for** ..... مردن برای

 *They were ready to die for their country.*

▼ **die young/happy/poor** ..... جوان، شاد یا در فقر مردن

 *Tragically, Keats died young.*

▼ **die a sudden/violent/natural etc. death** .....

..... با مرگ ناگهانی / سخت / طبیعی مردن

 *Several people in the village have died violent deaths.*

▼ **die a millionaire/hero/coward etc.** .....

..... ثروتمندانه مردن / قهرمانانه / بزدلانه



# 2

Lesson

## A HEALTHY LIFE STYLE

### Get Ready



❑ **health**/helθ/(n)..... سلامت، تندرستی.

❑ 1. the condition of the body and the degree to which it is free from illness, or the state of being well..... تندرستی

❑ *to be in good/poor health.*

❑ *Regular exercise is good for your health.*

❑ *I had to give up drinking for health reasons.*

❑ *He gave up work because of ill health.*

❑ 2. the condition of something that changes or develops, such as an organization or system..... سلامت

❑ *the financial health of the business.*

❑ **healthy** /'hel.θi/ (adj)..... سالم، سرحال، مفید

**ANT unhealthy**

❑ 1. strong and well..... سالم

☞ *She's a normal, healthy child.*

☞ *He looks healthy enough.*

❑ 2. showing that you are strong and well..... سرحال

☞ *The walk had given her a healthy glow.*

☞ *a healthy appetite.*

❑ 3. good for your health ..... مفید

☞ *a healthy diet*

☞ *a good, healthy walk*

❑ **unhealthy** /ʌn'hel.θi/ (adj)..... ناسالم، ضعیف

❑ not good for your health, or not strong and well:

☞ *an unhealthy diet*


❑ **to improve** /im'pru:v/ (v) ..... بهبودی دادن، بهبودی یافتن

❑ to (cause something to) get better:

☞ *He did a lot to improve conditions for factory workers.*


 I thought the best way to improve my French was to live in France.


▼ **to risk** /risk/ (v)..... خطر کردن، به خطر انداختن

 1. to do something although there is a chance of a bad result:

خطر کردن

 It's dangerous to cross here." "I'll just have to risk it."

 [+ -ing verb ] He risked losing his house when his company went bankrupt.

 2. If you risk something important, you cause it to be in a dangerous situation where you might lose it:..... به خطر انداختن

 I'm not risking my life (INFORMAL neck) in that old car.


 She was prepared to risk everything on a last throw of the dice.

▼ **to increase** **ANT** **to decrease**

/m'kri:/ (v)..... افزودن، زیاد کردن

 to (make something) become larger in amount or size:

 Incidents of armed robbery have increased over the last few years.

 The cost of the project has increased dramatically/significantly since it began.

 Gradually increase the temperature to boiling point.

▼ **laughter** /'læf.tə/ (n) ..... خنده




 the act or sound of laughing:

 *She roared with laughter (= laughed very loudly).*

 *As we approached the hall we could hear the sound of laughter*

 **to laugh** /læf/ (v) ..... خندیدن

 to smile while making sounds with your voice that show you think something is funny or you are happy:

*They laughed at her jokes.*

*I couldn't stop laughing.*


*She's so funny - she really makes me laugh.*


*It was so funny, I burst out laughing (= laughed suddenly and loudly).*

 **Idiom**


*laughter is the best medicine*..... خنده بر هر درد بی درمانی دواست

 **to jog** /dʒɑ:g/ (v) ..... آهسته دویدن

 to run at a slow, regular speed, especially as a form of exercise:

 *What do you do to keep fit?" "I jog and go swimming."*

 **to hang out** /hæŋ aot/ (v)..... گشتن و چرخ زدن

 to spend a lot of time in a place or with someone:

 *I don't know why he hangs out with James, they've got nothing in common.*

 *Haven't you got anything better to do than hang out at the shopping centre?*

❑ **junk food** /'dʒʌŋk , fu:d/ (v).....غذای ناسام، هله هوله

❑ food that is unhealthy but is quick and easy to eat:

❑ *Potato chips are junk food.*

❑ **snack** /sna:k/ (n).....غذای سبک، چاشت، لقمه

❑ a small amount of food that is eaten between meals, or a very small meal:

❑ *I had a huge lunch, so I'll only need a snack for dinner.*

❑ *I don't eat much for lunch - just a light snack.*

❑ *I have breakfast at 7.30, lunch at 1.00, and sometimes a snack in between.*

❑ *Many snack foods are high in salt, sugar, and fat.*

❑ **(food) pyramid** /'pr.ə.mɪd/ (n) .....هرم (غذایی)

❑ 1. a solid object with a square base and four triangular sides that form a point at the top

❑ 2. a pile of things that has the shape of a pyramid:

❑ *The acrobats formed a pyramid by standing on each other's shoulders.*

❑ **carrot** /'kærət/ (n) .....هویج

❑ a long pointed orange root eaten as a vegetable



## ART and CULTURE

# 3 Lesson

### Get Ready

واژگان

هنر، فعالیت هنری

1. [U] the activity of painting, drawing, and making sculpture:

*Art and English were my best subjects at school.*

*an art teacher*

2. [C] an activity through which people express particular ideas: .. فعالیت

هنری


*Drama is an art that is traditionally performed in a theatre.*

کار هنری

the pieces of art, such as drawings and photographs, that are used in books, newspapers, and magazines:

 All the artwork in the book has been done by the author.

 **culture** /'kʌl.tʃə/ (n) ..... فرهنگ

 [C or U] the way of life, especially the general customs and beliefs, of a particular group of people at a particular time:

 *the ancient Iranian culture*

 *youth/working-class culture*

 *She's studying modern Japanese language and culture.*

 *American culture has been exported all over the world.*

 *Surely it is wrong to try to impose western culture on these people.*

 **creative** /kri'eɪ.tɪv/ (adj) ..... خلاق، آفرینش گر

 producing or using original and unusual ideas:


 *a creative person/artist/designer/programmer*

 *creative talents/powers/abilities*




 *creative thinking*

 *She's very creative on the design front.*


 **sociable** /'səʊ.ʃə.bəl/ (adj) ..... اجتماعی، خوش مشرب






 also social, Sociable people like to meet and spend time with other people:

 *Rob's very sociable - he likes parties.*


-  *I had a headache and I wasn't feeling very sociable.*
-  *I shall be a bit more sociable when my exams are over.*
-  *The sociable behavior of lions is considered atypical of the cat family.*

 **craft** /kræft/ (n) ..... پیشه، هنر، صنعت

 [C or U] skill and experience, especially in relation to making objects; a job or activity that needs skill and experience, or something produced using skill and experience:

-  *the craft of furniture making/sewing/glassblowing*
-  *rural/ancient/traditional crafts*
-  *craft workers (= skilled workers)*
-  *I bought a wooden salad bowl at the local craft fair.*
-  *They learned the craft of weaving.*





 **handicraft** /'hæn.di.kræft/ (n) ..... هنردستی، صنعت دستی

 a skilled activity in which something is made in a traditional way with the hands rather than being produced by machines in a factory, or an object made by such an activity



 **carpet** /'kɑ:r.pət/ (n)..... فرش، قالی، لایه و پوشش

 1. [C or U] (a shaped piece of) thick material used for covering floors:

فرش، قالی


-  *We've just had a new carpet fitted/laid in our bedroom.*
-  *We've got fitted (= cut to fit exactly) carpets in the bedrooms.*
-  *carpet shampoo*
-  *a luxurious deep-pile persian carpet*

2. [ S ] a layer of something that covers the ground:..... لایه و پوشش

-  *a carpet of snow*
-  *our lawn is a carpet of daisies.*

 **pottery** /'pa:ʒə.i/ (n) ..... سفالگری، ظروف سفالین

 1. the activity or skill of making clay objects by hand:


 *She's doing a pottery night class.*

 2. objects that are made out of clay by hand: ..... ظروف سفالین

 *They sell pottery and other handmade goods as souvenirs in Hamedan-Laljin.*



 *The museum has a fascinating collection of exhibits ranging from Iron Age pottery to Inuit clothing.*





 **tilework** /'taɪlwɜ:k/ (n) ..... کاشیکاری، کفپوش یا دیوارپوش سفالی، پلاستیکی







 a thin, usually square or rectangular piece of baked clay, plastic, etc. used for covering roofs, floors, walls, etc.:

 *roof tiles*

-  floor tiles
-  ceramic tiles
-  carpet tiles

- ▼ **calligraphy** /kə'liɡ.rə.fi/ (n) ..... خوشنویسی، خطاطی
-  (the art of producing) beautiful writing, often created with a special pen or brush:
-  *There's some wonderful calligraphy in these old manuscripts.*

- ▼ **necessary** /'nes.ə.ser.i/ (adj) ..... لازم و ضروری
-  needed in order to achieve a particular result:
-  *He lacks the necessary skills for the job.*
-  *I don't have much time so I won't be staying any longer than necessary.*
-  *If necessary, we can always change the dates of our trip.*

- ▼ **soft** /sə:ft/ (adj) ..... نحیف و ضعیف، شیرین و گوارا نرم و لطیف، نازک، نیم بند
-  1. not hard or firm: ..... نرم و لطیف
-  *soft ground*
-  *a soft pillow/mattress*
-  *soft cheese*
-  *I like chocolates with soft centres.*
-  *Soft tissue, such as flesh, allows X-rays through.*



افعال بی قاعدہ





## فهرست افعال بی قاعده

در جدول زیر مهمترین و رایج ترین افعال بی قاعده به همراه معنی آنها آورده شده است. البته، تعداد افعال یاد شده بیشتر از این مقدار است، اما چون یادگیری مابقی آنها فعلاً برای دانش آموزان این پایه چندان الزامی نیست، از ذکر آنها خودداری شده است. موارد پر رنگ شده فراتر از کتاب پایه یازدهم ولی مناسب سطح کنکور است. توصیه میکنیم سعی کنید این فعل ها را در متن و جمله و البته به صورت تدریجی بیاموزید.

مصدر	گذشته ساده	اسم مفعول	معانی اصلی
arise	arose	arisen	برخاستن، بلند شدن رخ دادن
awake	awoke	awoken	بیدار کردن، بیدار شدن
be	was, were	been	بودن، وجود داشتن
beat	beat	beaten	زدن، شکست دادن
become	became	become	شدن، درخور بودن
begin	began	begun	آغاز کردن، آغاز شدن

مصدر	گذشته ساده	اسم مفعول	معانی اصلی
<b>bend</b>	bent	bent	خم کردن، خم شدن
<b>bet</b>	bet	bet	شرط بستن
<b>bid</b>	bid	bid	پیشنهاد دادن، امر کردن
bite	bit	bitten	گاز گرفتن
bleed	bled	bled	خونریزی کردن
blow	blew	blown	دمیدن، وزیدن
break	broke	broken	شکستن، قطع کردن
bring	brought	brought	آوردن، موجب شدن
broadcast	broadcast	broadcast	منتشر و پخش کردن اشاعه دادن
build	built	built	ساختن، بنا کردن
burn	burned/burnt	burned/burnt	سوختن، سوزاندن
buy	bought	bought	خریدن

مصدر	گذشته ساده	اسم مفعول	معانی اصلی
catch	caught	caught	گرفتن، بدست آورد
choose	chose	chosen	انتخاب کردن، گزیدن
come	came	come	آمدن، رسیدن
cost	cost	cost	ارزیدن، ارزش داشتن
cut	cut	cut	بریدن، زدن، چیدن
<b>deal</b>	dealt	dealt	معامله کردن، رفتار کردن
<b>dig</b>	dug	dug	کندن، حفر کردن کاوش کردن
do	did	done	انجام دادن، (عمل) کردن
draw	drew	drawn	کشیدن، ترسیم کردن
dream	dreamed /dreamt	dreamed /dreamt	خواب دیدن، رویا دیدن
drink	drank	drunk	آشامیدن
drive	drove	driven	راندن، بردن

مصدر	گذشته ساده	اسم مفعول	معانی اصلی
eat	ate	eaten	خوردن
fall	fell	fallen	افتادن، پایین آمدن
feel	felt	felt	احساس کردن، لمس کردن
fight	fought	fought	جنگ کردن، نزاع کردن
find	found	found	پیدا کردن
fly	flew	flown	پرواز کردن
forget	forgot	forgotten	فراموش کردن
forgive	forgave	forgiven	بخشیدن، عفو کردن
freeze	froze	frozen	منجمد شدن، یخ بستن
get	got	gotten	گرفتن، بدست آوردن
give	gave	given	بخشیدن، دادن (به)
go	went	gone	رفتن، رهسپار شدن
grow	grew	grown	رشد کردن، بزرگ شدن، روئیدن